

ROZIERE BLAIKIE COUNSELLING INC.
930 Lorne Ave, Brandon, MB R7A 6K7

Welcome! We want to make the most of each appointment with you. One way of doing this is for you to write down some basic information in advance of the initial appointment. Please fill out the following fields as completely and legibly as possible. This information is confidential. If you have concerns about the relevance of any information, would prefer to discuss it in person and wish to leave it out, please feel free to do so.

Name: _____

Status Number: (If Applicable) _____

Address: _____

City: _____ Prov. _____ Postal code: _____

Home phone: _____ Cell number: _____

Consent to Voicemail or texting _____ Yes _____ No _____ Initials

Email address: _____

Birth date: _____ Age: _____

Birthplace: _____

Education (grade completed, any postsecondary): _____

Current occupation: _____

Person to alert in the event of medical emergency: _____

Relationship to you: _____ Phone: _____

Family Doctor: _____ Phone: _____

Relationship status (circle one): Single Married Partnered Separated Divorced Widowed

Spouse/partner's first name: _____ Age: _____

Years in relationship: _____ Occupation: _____

Children (gender & age):

Please describe any significant current or past medical problems:

Please list any medications you currently take. Include prescription and over-the-counter medications and the dosage of each.

Have you had previous psychological care or counselling? Yes _____ No _____

If yes, please give the name of the clinician(s), how long you were seen and the nature of the difficulty at the time.

What did you find helpful?

What did you find unhelpful?

Have you ever been hospitalized for a psychological difficulty? Yes _____ No _____

If yes, please give the dates and the nature of the difficulty at the time:

In your own words, what is the nature of the current concern that you wish to address in therapy?

What do you consider to be your strengths?

What do you like most about yourself?

What are effective coping strategies that you have learned?

Is there anything else you would like me to know before we begin our work together?

This confidential information is provided to you in accord with Provincial and Federal laws and regulations. Duplication of this information for further disclosure is prohibited without prior written authorization of the client/ authorized representative to who it pertains unless other permitted by law.